

Brainwaves



Brainwaves Coaching Lower Flat
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Private Swimming Lessons, Isle of Man I'm Siân, a water psychology coach with over 20 years of experience on the Isle of Man. If you're unsure about being in water, it's my vocation to help you unravel your fears by working alongside you in the water. My private swimming lessons help you learn to trust the water, so you can enjoy the physical and mental health benefits of swimming.

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